

Nordplus Junior, January 8, 2026



WELCOME

Remember!

Keep your microphones muted when not speaking.

Keep your camera on, it is nice to see your face.

Also

Ask questions in the chat.

If you wish to find project partners ***please share your name, organisation and e-mail in the chat.***

Nordplus Junior

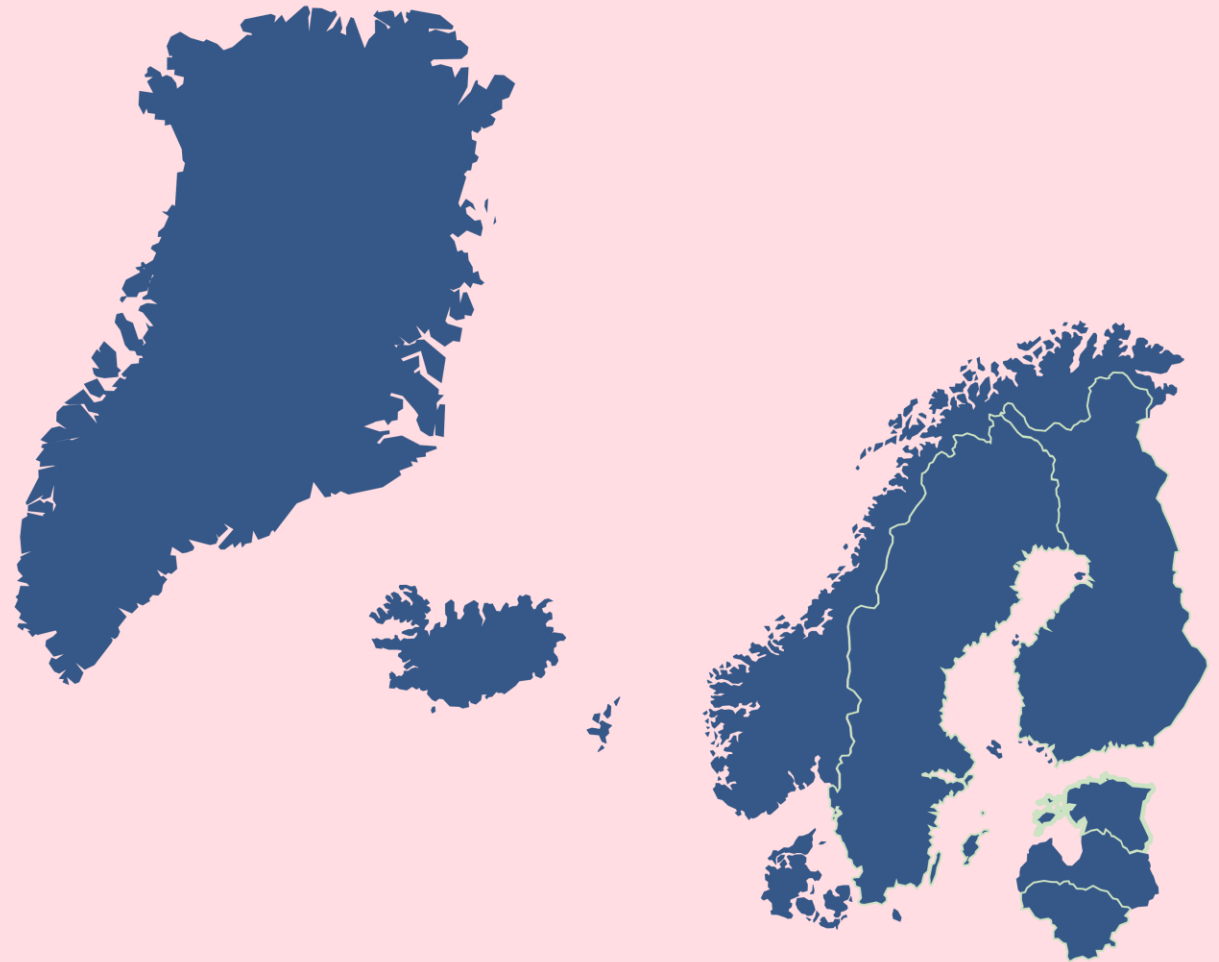
Nordplus Junior is a mobility and network programme for education.

Schools can participate in Nordplus Junior, Horizontal and Nordic Languages

Annual budget of app. 3 million EUR

Application rounds deadline:

- **2 february 2026** for all activities (*except Study visits*).
- **1 October 2026**, for preparatory visits and Study visits



Nb of participants: approximately 5 000 per year.



What can you do within Nordplus Junior?



Mobility projects:

- Preparatory visits
- Teacher exchanges
- Class exchanges
- Study visits

Development projects:

- Quality assurance
- Dissemination of project results
- Development and improvement of pedagogical methods
- Improvement of curricula
- Administrative meetings to establish and develop networks.

Who can apply to Nordplus Junior?

Coordinators:

Preschools/kindergartens

Primary/secondary schools

Upper secondary schools

Vocational schools and /apprentice programmes

Cultural schools

Partners:

Other organisations or companies, that work with or has a strong interest in education, can participate only as partners.



What should the projects be about?

All projects must be cooperation on **education**

All topics are welcome – the topic must be relevant to the partnership

NB! All applications will be assessed on an equal footing and do not have to be related to the highlight in order to receive funding



Funding

MOBILITY PROJECTS

- At least 2 partners from 2 countries
- Fixed rates for the categories:
 - Travel costs.
 - Board and lodging (this applies only to teachers/pedagogical staff)

DEVELOPMENT PROJECTS

- At least 3 partners from 3 countries
- Fixed rates for the categories:
 - Travel, food and accommodation (only for teachers / teaching staff) for meetings.
 - Project management, implementation and dissemination of results.

Some facts regarding Nordplus Junior

- Class exchanges dominate.
- Most applications regards **primary and secondary schools**.
- *"Green growth, climate change and sustainable development"* is the most popular theme.



Specifically for Nordplus

All 11 regions apply in Sweden, applications in Scandinavian and English.

Opportunity to combine activities in the same application. You can tailor your project.

Simple application and reporting system – Espresso

Simple regulations and a flexible program.

Decisions on the allocation of funds are made by the Program Committee

Why?

- Exchanging experience with other teachers and school leaders in preschools and schools abroad and engaging in **peer learning is developing** for the whole organisation.
- It gives positive effects and **continuing education**.
- The school will gain increased **attractiveness**.
- Increased **motivation**.
- **The Nordic/Baltic setting** gives certain values. The knowledge, experiences and methods you gain can easily be applied, in your own preschool or school.



Successfactors

- Connect the goals of the project to the participants schools' **development plans**.
- A longterm plan for international cooperation and continues education with schools in other countries.
- That school leaders have an active role in preparations and implementation of the project activities.
- Put togheter a control group at the schools for administration of the project.
- That school managment is active participants in projects.



Finding partners

A new partner search function will soon be available at nordplusonline.org

Register on Facebook Nordplus Junior – Search for cooperation.

eTwinning partner search function

Contact seminars, International seminars, network of your own organisation, trade organisations or professional organisations, Twin towns or cooperation regions.



Tips and tricks for the application

1. The evaluator must be able to understand the basic project idea. Be as concrete as possible about the future project.
2. The evaluator must be able to see that the application fits with the objectives and target groups of Nordplus Junior. Read about the target groups and possible activities in the Nordplus Handbook.
3. The programme of the visit/visits must correspond to the applied days.
4. Keep it simple!



Before starting the application.....

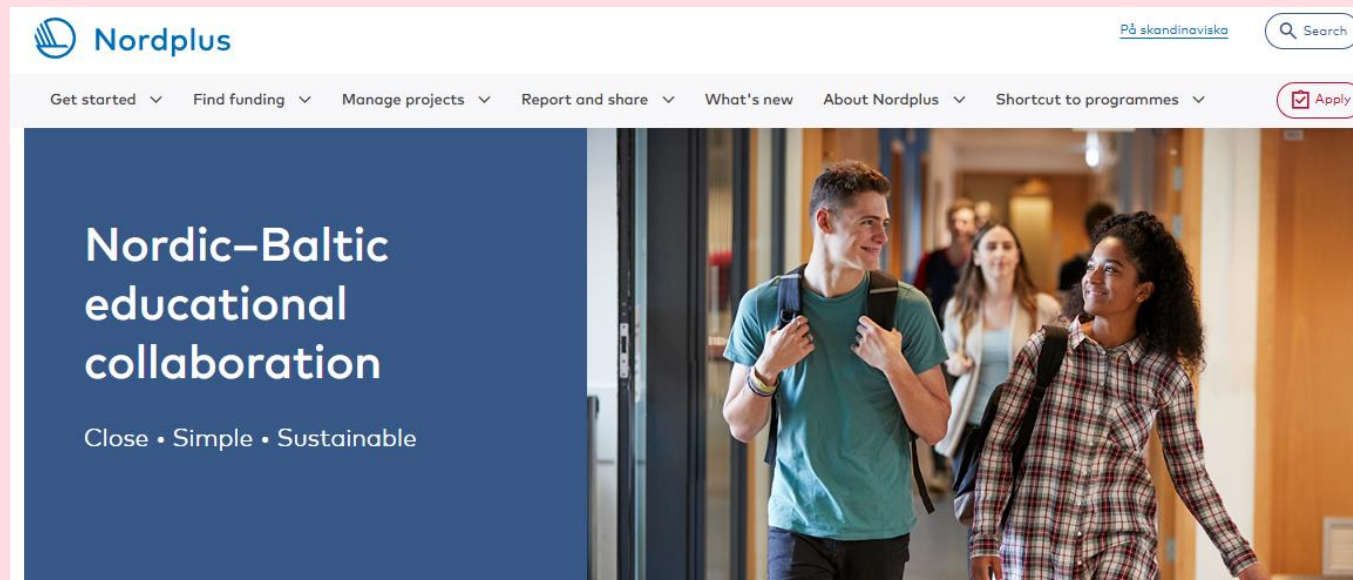
Before you start filling in the application form in Espresso, it is a good idea to have the following information ready:

- Name, address, phone number and website of all participating partners
- Name, e-mail and phone number of the contact person and legal representative of all participating partners
- VAT/Organisation number, bank account, IBAN and Swift code of the coordinating organisation




Nordplus Application

- [Nordplusedonline](#) is our web where you will find information.
- Applications must be submitted electronically through the system [Espresso](#), which is found at [nordplusedonline.org](#)
- You must create a user account in order to access the application forms – “Register new user
- The application form is available in English and Scandinavian language.
- The application must be written in English, Danish, Norwegian or Swedish



Click “Apply”

Registration of User Account



Norwegian Directorate
for Higher Education
and Skills

Espresso

Application and Reporting

Login

Login

Please log in with user name (e-mail address) and password

If you have previously used HK-dir's online services, you can use the same user name and password as before.

If you experience technical problems with registration or login, please use our [support](#) page.

Username

Password

Login

Register new user


Forgot password

Click "Register new user" if you do not have an account .

Choosing Application Form


It is important to choose the correct application form. Applications submitted to the wrong programme will be rejected

Project information

**Norwegian Directorate
for Higher Education
and Skills**

Espresso
Application and Reporting

Test server

karin.ericson@uhr.se

HelpLogout

Home > Calls for proposals > Document editor

Nordplus Junior - Application 2026
NPJR-2026/10001 - testsøknad 1

1.Start2.Institutions3.General info4.Project description5.Mobility6.Budget7. Check list8. Submission

Basic information

... 1.1. Project information

Name on project *

testsøknad 1

Project number

NPJR-2026/10001

... 1.2. Project access

Here you can choose who should have access to the application. The person who should have access to the application needs to register/create an account in Espresso. Then you can choose this person from the list of registered users.

Project read access

Read only access means that the person that you give access can read everything in the application, but not make changes.

Search among registered users

	Name	E-mail	Action(s)
1	Ericson, Karin	karin.ericson@uhr.se	Delete

Project editor access

Project editor access means that the person that you give access can alter the application

Search among registered users

SaveSave and CloseCancel

* If you use the BACK button, all unsaved changes on the current page is lost.
The current page is saved automatically when navigating between the sections, or by using the Save button at the bottom of the page.

Tab 1: Start

1.2. Project access

Here you can choose who will have access to the application. The person who is allowed access to the application needs to register/create an account in Espresso. Following the registration you can choose the person from the list of registered users.

Editor access

Editor access means that the person you give access can make changes in the application.

You can give your partners/colleagues reading or editor access which allows you to write/edit in the application form together.

Search among registered users

Your partners must also create an user account in Espresso so that you can search for him/her in the list.

Read only access

Read only access means that the person you give access can read everything in the application, but not make changes.

Search among registered users

Tab 2 – Institutions: Coordinator

Login > Nordplus > Document editor

1.Start 2.Institutions 3.General info. 4.Project description 6.Budget 7. Check list 8.Submit

Institutions

2.1.Coordinating institution 2.2. Partner institutions 2.3.Letter of Intent (LOI)

Coordinating institution

2.1.1. Coordinating institution

Register the coordinating institution. Please search among the registered institutions to check if your institution is already in the system. (You can search by part of the institution name). If you do not find your institution, you can register your institution by pressing "Add institution".

Coordinating institution
Add institution

Coordinating institution: *

Add institution

You must insert the coordinating organisation. Click "Add institution".

Contact information

2.1.3. Legal representative

Press "edit" to register legal person for your institution. Legal person means the person at your institution that can sign a contract on behalf of the institution.

Name		Action(s)
!		Edit

Register the details about the contact person and legal representative of the coordinating organisation. The legal representative is the person who is allowed to sign contracts on behalf of the coordinating organisation. The contact person will receive all information about the project from the Nordplus administration. Click "Edit" in order to fill in the details

2.1.4. Contact person

Press "edit" to register the contact person for the project. The contact person is the person at the coordinating institution who will receive information from Nordplus regarding the project/application.

Name		E-mail	Action(s)
!			Edit

[Save](#)[Save and Close](#)[Cancel](#)

Letter of intent – LOI

It is the responsibility of the coordinator to send the letter of intent to each participating organisation.

The coordinating organisation and each partner organisation must do the following with the letter of intent:

- Print the document
- The document must be signed by the legal representative and the contact person by hand (not electronically)
- The signed document must be scanned and sent to the coordinator
- The coordinator attaches all letters of intent to the application in tab 6 "Budget"

NB! If you encounter any problems with the LOIs, please contact us: nordplus@uhr.se



Letter of intent / *Intensjonserklæring* – Nordplus

Coordinating institution / *Koordinatorinstitusjon*

I/we hereby confirm my/our participation in
Jeg/vi bekrefter med dette min/vår deltakelse i:
Nordplus Junior

Project entitled / *Prosjekttittel:*
NPJR-2023/10002 - Test application I

Coordinated by Institution/Organization
Koordinert av institusjon/organisasjon:
Armbandet preschool

Unit / *Enhet:*

Contact person / *Kontaktperson:*
Lindberg, Anneli

Legal representative / *Juridisk ansvarlig:*
Larsson, Susanne

I/We have familiarised myself/ourselves with the application and the Guidelines on Nordplus and agree that I/we will coordinate this project.
Jeg/vi har gjort meg/oss kjent med retningslinjene for Nordplus og samtykker i at jeg/vi vil koordinere dette prosjektet.

Signatures / *Signaturer*

Place and date - *Sted og dato:*

Place and date - *Sted og dato:*

Signature of contact person at coordinating institution
Signatur kontaktperson på koordinatorinstitusjon:

Signature of legal representative
Signatur juridisk ansvarlig:

Lindberg, Anneli

Larsson, Susanne

Tab 3 :General information

3.1. Preparatory visit*

Did you receive support for a preparatory visit to prepare this application/project?

Yes/No

3.2. What shall you apply for?

Choose which type of project you are applying for. If this is an application for Preparatory visits you can not apply for other activities in the same application. (Preparatory visits are short meetings for planning a project and writing an application). You can choose both development project support and mobility support in the same application. If you do so, there must be a relation between these two activities.

PREPARATORY VISIT

MOBILITY project

Development project

3.3. Project theme

3.4. Summary



Project description, Preparatory Visit (questions to answer in the application form)

- Give a short outline of the future project you wish to prepare for
- Which development needs underlie this application and the future project? - What will be the subject and target group(s) of the future project and which type of project activity do you intend to apply for in the upcoming spring round? - Shortly describe each institution and with what capacity it will participate in the project – i.e. its particular expertise, role and contribution to the project.
- Present an agenda, day by day, for the preparatory visit meeting and indicate date and place. Describe the planned activities and their content. Explain why you chose these activities and how they will benefit the future project.

Tab: 4. Project Description

- Relevance 4.1

- This is where you present **the specific aims of the project**. What do you want to achieve with the project? The aims may be described on different levels, e.g. participant level, and organization level.
Which of the specific goal(s) of the Nordplus programme does your project target? Describe how the planned actions within the project address the chosen Nordplus programme goal(s).
Who is your **target group** and why is the project suited for this group?
Also, present the background and motivation for the project? The project can relate to e.g. **specific needs or challenges** of participants, be motivated by previous initiatives or specific priorities and focus areas of the organizations.
Explain how each partner in the project benefits and gains from the cooperation and will achieve positive changes in terms of development. All collaboration projects should be based on a reciprocal attitude and understanding.
- Present how the project is **anchored with management**. Do you have support in means of extra time and resources by the headmasters/managements? Are your institutions' managements supportive of the project – how?
- Explain what you can **gain by cooperating with other Nordic/Baltic countries** that you cannot gain on a national level. What is this added value? Why have you chosen each other?

Tab: 4. Project Description

- Project objectives and content 4.2

- This is where you present the **objects for the project**. All projects should aim to strive for the **fulfilment of curricula** for the pupils; and/or development of **teachers' professionalism**. Because of this, it is important to state which objectives in curricula, exams or competence development you are targeting in your project. Set specific objectives and describe them from a **short- and long-term perspective**. You do not have to cover several objectives, sometimes it is better to focus on one area to develop, and then limit the scope to this one area instead of trying to cover too much. If the objectives are measurable, it simplifies your future evaluation.
- Also, present a **structured activity plan for the full project period**, which clearly demonstrates what is to be done, when it will be done, who is responsible and what the outcomes will be. It could be in the form of a time plan structured in different stages/ milestones or work packages. Also specify in what way these activities contribute to reaching the goals of the project? A detailed program for the stay(s) must be presented. Please note that all planned activities must be completed within two years, which is the maximum project period for all projects. Remember to include the preparatory and follow up stages, e.g. preparations of the participants prior to the stay.
- The budget consists of unit cost categories and will be assessed in relation to the planned activities and scope of the project. If it is realistic, it will be kept. If it is not, cuts will be made. Applications for development projects need to attach a separate budget template.
- Be concrete when you present your **plan for evaluation** of the project and its results. Choose a couple of aspects/results/processes to evaluate and the means you will use. The evaluation could e.g. include questionnaires, interviews, testing, thematic debates etc., and focus on outcomes for adult learners/teachers, the functionality of a product, the cooperation between project organisations and the partnership composition etc. Through built-in monitoring you can more easily detect if you are off track from the project plan and adjust activities and tasks during the process and hereby achieve the most optimal results. For this purpose, a risk analysis can be a fruitful tool.

Tab: 4. Project Description

- Organisation and implementation 4.3

- This is where you present how the collaboration between the participating organisations is organized to **ensure effective communication and balance of workload**. Who does what? Specify the responsibilities of each organisation in the project, and describe how the organisations will be communicating and coordinating with each other, e.g. via virtual and physical meetings etc.
- Also, present how your project is **anchored in each partner organisation**. By anchorage one can generally mean different things. It could refer to how the project is anchored with management (see 4.1.2.), how you implement and exploit the results (see 4.4.1.) or how you integrate project activities in daily work and in curricula. What we refer to as anchoring in this paragraph, is the last example – how you plan to implement the project in daily work, as well as in regulatory documents (if possible). How will the activities be visible in daily teaching and training for the participants? How do you plan to integrate teachers and pupils not participating directly in the project? E.g. even if only a smaller group of pupils take part in the mobilities, the project should involve a larger group – other classes/groups of students, teacher teams or the whole school/organisation.
- The development and activities need to be in accordance with curricula. **All projects should aim to fulfill curricula** – thus promote pupils' possibilities to reach the national objectives stated in each country's curricula, or to promote teachers' and other pedagogical staffs' professionalism.

Tab: 4. Project Description

- Dissemination of results 4.4

- This is where you present the **expected results and outcomes** of your project. The results can be given on different levels. Describe how you can use and utilize the results and experiences from the project in your organisations after it has ended. How will the project ensure that the results will be sustainable and come to the benefit of others?
- Also, present your **plan for the dissemination of results and experiences** of the project both during the project period and after project end. Describe the target groups for your dissemination and the means you will use to reach them, e.g. presentations at meetings, seminars and conferences, articles in newspapers or professional magazines, open house events, distribution of folders and publications etc. The dissemination plan should include dissemination to external actors outside the partnership, e.g. other organisations in your field of work, teacher organisations and bodies for adult learning at regional, national or Nordic/Baltic level.
- **How will you spread the project's outcome**, and which systems and methods do you have to use new knowledge and experiences in your organisation? Think about how you can **implement changes in the actual teaching, subject contents and methods** together with your colleagues.

Tab. 5 Mobility (Class- or teacher exchanges)

This section will only be visible when you choose mobility projects

The screenshot shows the 'Espresso' application interface for the 'Nordplus Junior - Application 2026' (NPJR-2026/10001 - testsøknad 1). The user is logged in as 'kari.elisson@uh.no'. The navigation bar includes 'Home', 'Calls for proposals', 'Document editor', and 'Document editor'. The main content area is titled 'Mobility activities in Nordplus Junior' and contains two tabs: '5.1. Class exchange' and '5.2. Teacher exchange'. The '5.1. Class exchange' tab is active, showing a section for 'Registration of mobility - Class Exchange'. Below this, there is a table with the following data:

Who	From country	To country	Number of travellers	Duration each traveler	Total grant	Action(s)
Accompanying teacher (class exchange)	Denmark	Finland	3	0m, 1w, 0d	2 490	Edit Delete
Accompanying teacher (class exchange)	Finland	Finland	3	0m, 0w, 0d	525	Edit Delete
Pupils (class exchange)	Denmark	Finland	25	0m, 1w, 0d	8 250	Edit Delete
Pupils (class exchange)	Finland	Finland	25	0m, 0w, 0d	4 375	Edit Delete
Total			56		15 640	

Below the table, there is a section for 'Ev. comments to the mobility' with a text area and a 'Save' button. At the bottom, there are buttons for 'Save', 'Save and Close', and 'Cancel'.

Tab 6: Budget

- If you apply for only mobility activities (class-exchange and/or teacher exchange) the support of project management is 1000 EUR for the coordinating institution and 500 EUR for each partner institution(s). Register the total sum for project management support in the budget below. e.g, 1 coordinator and 2 partners $1000 + 500 + 500 = 2000$ €.
- Note that support given in addition to the travel support calculated by the application system. This grant is only allocated to mobility projects with **budgets exceeding 15 000 EUR** (project management excluded). You must apply for this grant with this application in order to receive it. It cannot be added afterwards.
- If you also apply for development project support use the sums calculated in the Nordplus Junior grant templet. Note that in a combined application you cannot receive project management support for both project categories.

Tab 6: Budget

- 6.2. Attachment
- If you are applying for a development project attach a grant templet for Nordplus Junior. (not required for your mobility activities)

You have to use the Nordplus Junior grant templet
Separate budgets are not required for your mobility activities.

Signed Letter(s) of Intent from all participant institutions must be uploaded.

Budget model, development projects

Development projects requires an uploaded [nordplus-junior-budget-template-2026.xlsx](#)

What happens after submission of the application?

- You will receive an e-mail from the Nordplus administration when the deadline has been passed, i.e. after 2 February. The Nordplus administration will confirm receipt of your application.
- Your application will be assessed by at least 2 evaluators and be recommended for funding or rejection. The Nordplus Programme Committee formally concludes on the grant proposal of the Nordplus administration on its meeting at the end of April.
- During the first week of May, you will receive an answer to your application from the Nordplus administration. If your project is funded, you will receive a contract, which must be signed before the payment can be transferred. The payment of grants above 15.000 EUR happens in two installments: 80% by receipt of signed contract and 20% by approval of final report.

More information:

Website:

www.nordplusonline.org

Facebook:

<https://www.facebook.com/wearenordplus>

Instagram:

<https://www.instagram.com/wearenordplus/>



Contact details

Get information in your own language, [Contact your Nordplus office](#)



Nordplus Adult DK
nordplus@ufm.dk



Nordplus Horizontal NO
nordplus@hkdir.no



Nordplus Nordic Languages IS
nordplus@rannis.is



Nordplus Higher Education FI
nordplus@oph.fi



Nordplus Junior SE
Swedish Council for Higher Education
nordplus@uhr.se
+46 10-470 03 00



Feedback on this webinar



We kindly ask you to give us feedback on this webinar. You find a short survey here:

<https://link.webropolsurveys.com/S/6oF914B562407FBE>